



Sunday 29th April @ 12 noon

Long & Short course (from Ballymore Eustace to Kilcullen Canoe Club)

Entries at Ballymore only

Short course juniors who are U15 must start from Carnalway Entries at Carnalway only

Only suitable for experienced paddlers as river will be in full flood

Classes

- Long Course K2
- Long Course K1
- Short Course K2/T2
- Short Course Mens K1
- Short Course Womens K1
- Short Course Junior Mens K1

- Short Course Junior Womens K1
- Short Course Mens GP
- Short Course Womens GP
- Short Course Junior Mens GP
- Short Course Junior Womens GP
- Short Course Open Canadian (Open to all C1/C2 craft)

Seniors - €20

Fees
Juniors/students/unwaged - €10

Family -€45

Last entries - 11.30am

- ICU/CANI/BCU membership cards must be presented when entering.
- Neither the organisers nor the ICU accept responsibility for any damage or loss.
 - Rough water course with Grade 1 / Grade 2 rapids
 - ICU Safety Rules Apply.